

Religious Education

Special Focus on Memorized Prayers

Dear Parents,

We are very excited to start another year of Religious Education at Mother Teresa Catholic Church!

As you know, our mission is to help your child form a special love and life-long friendship with Our Lord and Savior, Jesus Christ. Each year, we see their relationship with Jesus grow as they learn more and more about His life, His ministry, His death, and His love for us all.

We want to build on this relationship by reinforcing the importance of prayer. For this school year, we would like to focus on memorized prayer.

The memorization of basic prayers offers an essential support to the life of all prayer. Our Catholic faith includes a rich tradition of formal prayer, and those memorized prayers help bring us together into one community under God.

Prayer not only helps you talk to God, but it helps you understand yourself and your Catholic faith. We not only want our students to learn these prayers, but to understand the meaning of the words.

Please look at the chart on the right to see which prayer our teachers will be focusing on with each grade. Each year, your child will have a new prayer to work on. These prayers can be found on the back of this sheet. If your child already knows their prayer – that’s wonderful! We challenge you to work on the next prayer or maybe learn a prayer that is special in your family.

Our teachers will be working with their students to learn these prayers in class. However, we hope you will help your child learn these prayers at home, as well. Maybe practice with them in the morning over breakfast, in the car, or in the evening before bedtime. Anytime is a good time to pray!

God Bless You All! We Look Forward To A Great School Year!

Benefits of Memorized Prayer

- Increases our students prayer life
- Students are better prepared for Sacraments
- An easy “goal” for parents and students to share for the school year

Pre-K & K:	Our Father
1st Grade:	Our Father Hail Mary
2nd Grade:	Our Father Hail Mary Glory Be Act of Contrition
3rd Grade:	Our Father Hail Mary Glory Be Act of Contrition Fatima Prayer
4th Grade:	Our Father Hail Mary Glory Be Act of Contrition Fatima Prayer Apostles Creed
5th Grade:	Our Father Hail Mary Glory Be Act of Contrition Fatima Prayer Apostles Creed Hail Holy Queen
6th Grade:	Our Father Hail Mary Glory Be Act of Contrition Fatima Prayer Apostles Creed Hail Holy Queen Memorare

Our Father - PreK & K

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary - 1st Grade

Hail, Mary! Full of grace, The Lord is with thee; Blessed are thou among women, And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, Now, and at the hour of our death. Amen.

Glory Be - 2nd Grade

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

Act of Contrition - 2nd Grade

Option 1:

O, my God, I am heartily sorry for having offended you. I detest all my sins because of your just punishment, but most of all because they offend you, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to offend no more and to avoid the near occasion of sin. Amen.

Option 2:

My God, I am sorry for my sins with all my heart, and I detest them. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

Fatima Prayer - 3rd Grade

(Said After the Completion of One Decade of The Rosary)

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy. Amen.

Apostle's Creed - 4th Grade

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day He rose again. He ascended into heaven, And is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Hail Holy Queen - 5th Grade

(The Salve Regina - Recited at the End of The Rosary)

Hail Holy Queen, Mother of Mercy, our life our sweetness and our hope. To thee do we cry, poor banished children of Eve; To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V- Pray for us, O Holy Mother of God

R- That we may be made worthy of the promises of Christ.

Memorare - 6th Grade

Remember, O most gracious Virgin Mary, that never was it known that any one who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins my Mother; to thee do I come, before thee I stand, sinful and sorrowful; O Mother of thy Word Incarnate, despise not my petitions, but in thy clemency hear and answer me. Amen.